

# Neshaminy High School May 2023

## Breakfast Daily Offerings at the Cafeteria & Snack Shack

- Bacon, Egg & Cheese Bagel
- Sausage, Egg & Cheese Bagel
- Egg & Cheese Bagel Sandwich
- French Toast Sticks
- Mini Waffles
- Assorted Cereal, Pop Tarts, Nutri Grain Bar, Benefit Bar, Yogurt Parfait, Bagel with cream cheese, Cheese Sticks
- White Milk, Chocolate Milk, Fruit Juice, and Hash Browns are available to complete your meal
- Whole Fruit Available
  - Apples, Bananas, Oranges

**\*All breakfasts must have a fruit or juice to make a complete, FREE meal\***

# **Lunch Daily Offerings**

## **Deli Station**

Grab N Go

Turkey Hoagie, Italian Hoagie, Ham & Cheese Hoagie on Amoroso Club Roll

## **Fresh Mex Station**

Nacho Scoops,

Beef Taco Meat, Chicken Fajita, Black Beans, Rice, Cheddar Cheese Sauce, Salsa, Shredded Cheddar Cheese, Sour Cream

1-10in Beef Tortilla Quesadilla or 1-10in Chicken Tortilla Quesadillas

Sides for Quesadillas (Black Beans, Rice, Cheddar Cheese Sauce, Salsa, Shredded Cheddar Cheese, Sour Cream)

## **Pizza Station**

Daily - Cheese, Pepperoni

Rotating - Buffalo Chicken, Meat Lovers, BBQ Chicken, Veggie

## **Salad Bar**

Lettuce, Spinach, Grilled Chicken, Breaded Buffalo Chicken Bites, Breaded Chicken, Cheddar Cheese, Tomatoes, Cucumber, Broccoli, Olives, Corn, Croutons, Ranch, Caesar, French, Italian, Blue Cheese Dressing, Thousand Island

## **Grill Station**

Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Hamburger, Cheeseburger, Chicken Tenders, Cheesy Bread Sticks

Lettuce, Tomato, Onion, Pickles, American Cheese

## **Pasta Station**

Penne Pasta Alfredo with Broccoli (Grilled Chicken can be added by request)

Penne Pasta with Red Sauce (Meatballs can be added by request)

## **Rotating Selection of Vegetables**

French Fries, Baby Carrots, Baked Beans, Sliced Cucumbers, Grape Tomatoes, Mixed Vegetables

## **Rotating Selection of Fruit Options**

Strawberry Cups, Peach Cups, Apple Slices, Bananas, Oranges, Whole Apples

White Milk, Chocolate Milk, and Fruit Juice

**\*All lunches must have a fruit/juice OR vegetable to make a complete**

\*Free - \$0.00, Reduced - \$0.40, Paid - \$3.35